



Wholy Living LLC,
John, Margaret
& Gloria Loew

With fresh zucchini growing all around, try this delightful dessert!

Combine together in your Bosch Bowl:

- | | |
|---------------------------------|-------------------------------|
| 1/3 C each butter & healthy oil | 1 1/4 C evaporated cane sugar |
| 2 eggs | 2 t vanilla liquid or powder |
| 1/2 buttermilk or sour cream | |

Add and mix just until nicely combined:

- | | |
|---|-----------------------|
| 2 1/2 C freshly milled flour* (on back) | 2 t baking soda |
| 1/4 C Dutch Cocoa Powder | 1/2 t cloves |
| 2 C shredded zucchini | 1/4 C chocolate chips |

Pour batter into 9 x 13 pan or bundt pan. Bake at 350* until a toothpick comes out clean, 35 to 45 minutes, depending on your pan. Man size muffin pans work great, too.

VARIATIONS on back....



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Visit Our Granary...
• Tuesday 3 to 7
• Saturday 10 to noon
By appointment...Call most anytime!



Wholy Living LLC,
Palmer
745-5639
www.wholyliving.com

1. Use shredded carrots instead of zucchini.
 2. (A Fruit & Veggie Cake, how healthy can your get!) Use almond powder or liquid instead of cloves. Use sour cream. Add 1 C drained raspberries or chopped cherries. (You may need more flour)
- * I generally mill my all purpose mix (= parts spelt, brown rice & barley—all sprouted). Most any freshly milled flour should work well. Sprouted is always best!

In all thy ways acknowledge him, and he shall direct thy paths.
Be not wise in thine own eyes: fear the LORD, and depart from evil.
It shall be health to thy navel, and marrow to thy bones.
Proverbs 3:6 - 8

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